

Our impact

A legacy of life-changing services

For 40 years, MHSA has provided intensive, emergency support to those affected by homelessness, substance abuse and hunger. MHSA's 13 high-impact programs build independence for **more than 1,100 community members** across Massachusetts, every day.

Our annual impact:



93,805 nights
of emergency shelter for homeless families and individuals



13,140 hours
of substance abuse education, treatment and recovery services



148,000+ meals
served and distributed throughout the community

MHSA is a 501(c)(3) nonprofit serving the community through a mission of dignity, respect and empowerment for all



Start changing a life today

Be a hero for a neighbor in need by giving your time, skills or other resources in partnership with the MHSA team!

MHSAinc.org/give

Contact us

Middlesex Human Service Agency, Inc.
50 Prospect St., Suite 3, Waltham, MA 02453
Tel: 781-894-6110 | Fax: 781-647-0412 | info@MHSAinc.org



Building independence

one human at a time



Shelter

Opening doors for the homeless



Emergency shelter and rehousing services for families

As one of Massachusetts' largest shelter providers, we help 200+ families address their individual barriers and locate safe, sustainable housing.



Overnight lodging for homeless adults

Our three adult shelters provide emergency overnight accommodations and case management services to nearly 60 men and women every night.



Post-shelter stabilization

We help formerly-homeless families remain stably housed by offering 12 months of support, including landlord mediation, budgeting assistance and more.

Recovery

Paving pathways to sobriety



Residential substance use recovery treatment

Our two substance use disorder recovery homes provide an intensive, six-month path to sobriety for 73 adult men.



Recovery instead of incarceration

The Middlesex DUIL program offers two weeks of substance abuse education and counseling, instead of incarceration, for repeat OUI offenders.

Discover more at

MHSAinc.org

Nutrition

Putting food on the table



Hot and healthy meals, served 365 days per year

For over 30 years, our soup kitchen has served hot meals to community members without access to healthy, affordable food.



Nutritious food pantry for all in need

With a rotating selection of fresh produce, dairy and shelf-stable foods, our food pantry is open to the public each week.



Community nutrition on the go

Our Waltham-based mobile market provides a wide variety of nourishing food items to hundreds of households every month.