



**Join us at the**

# MOBILE MARKET

- » **Free food for anyone in need**
- » **No eligibility requirements — just come in, register and get food**
- » **Bags will be provided**

## **What is the Mobile Market?**

The Mobile Market is a farmers-market-style event that meets once per month and provides free, nutritious food to anyone in need. The Market serves fresh produce and dairy products, as well as frozen soup and high-protein items, free of charge.

## **Who Runs the Mobile Market?**

The Mobile Market is run by Middlesex Human Service Agency, Inc. (MHSA), the Greater Boston Food Bank and Eastern States Insurance. The Market is staffed by volunteers from Waltham and surrounding communities.

## **How to Participate**

There are no eligibility requirements to participate in the Mobile Market, which is open to the general public.

### **Location**

Middlesex Human Service Agency  
50 Prospect Street  
Waltham, MA 02453

### **Time**

2:00pm - 3:00pm

### **Dates (2016)**

- **January 23**
- **February 20**
- **March 19**
- **April 23**
- **May 21**
- **June 18**
- **July 16**
- **August 20**
- **September 17**

For more information on the Mobile Market, please call 781-647-3525 or visit MHSA online at [mhsainc.org](http://mhsainc.org)